

WELLINGTON KIZOMBA WORKSHOP

Saturday 23 April 2016 - Brought to you by Dança & Spirit of Kizomba

Workshop 1 - Semba Foundation

11.00 – 12.00

Place: Pump Dance Studio, 1/302 Taranaki Street, Wellington

Level: Open

This class will be an introductory session to the beautiful world of *Semba*, which is the Angolan origin of Kizomba. Let us guide you through this while having fun learning the basics. Do you want your partner to remember you? Be the one who will be noticed on the dance floor!

Workshop 2 - Tarraxinha Foundation

12.15 – 13.15

Place: Pump Dance Studio, 1/302 Taranaki Street, Wellington

Level: Open

This is where you get to know the basic knowledge of *Tarraxinha*, which was born around the 90's. The pulsing rhythms of bass always generate special vibes in a party. We will give you special hints and tips to make your dance more gentle and attractive. It gives you the possibility to master the basics of a very important technique, which is the door to your progressive improvements.

Lunch Break

13.15 – 14.00

Due to the location it is highly recommended that you bring your lunch.

Workshop 3 - Tarraxinha influenced Kizomba

14.00 – 15.00

Place: Pump Dance Studio, 1/302 Taranaki Street, Wellington

Level: Advanced

This class is for students who have mastered the intermediate techniques and interested in taking their Kizomba to the next level. We will focus on techniques and introduce the importance of connection. It gives you a perspective how to interpret the music using the body in a unique way.

Let us improve your Kizomba techniques spiced up with a pinch of *Tarraxinha*, which will add flavour to your dance and bring you to the world of deep sensuality.

Prerequisites

- Workshop 2 and 6 months dancing Kizomba regularly (not casually)
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Workshop 4 - Ladies Styling by Nikolett

15.15 – 16.15

Place: Pump Dance Studio, 1/302 Taranaki Street, Wellington

Level: Intermediate

If you already know the basic steps and patterns of Kizomba, come and learn how you can master it! Beside useful and exciting routine, I will give you more than just steps. My goal is to help you understand what is behind the surface (body movements) and the steps. Moreover, I will teach you how to become a Queen on the dance floor by acquiring the proper technique.

Attending this workshop you'll become more proficient in:

- Body isolation
- Hips movements
- How to control your body movements

Ladies, this is an opportunity for you to learn how to move your B.U.N.D.A in Kizomba. Express your feelings through your movements!

Prerequisites:

- Must know basic steps: Basic 1, 2, 3, men saida, ladies saida, rhythmic changes and syncopation
- Highly recommended: Tarraxinha Foundation and Tarraxinha influenced Kizomba

What to Bring:

- A pair of socks and your favourite dance shoes (preferably with heels)

Workshop 5 – Semba, playing on the dance floor **20.00 – 21.00**

Place: Webb St Studio, 22 Webb Street, Wellington

Level: Intermediate

In this class, we will give you a deeper knowledge of tricks to surprise the ladies with unexpected stylish steps, moves or dips. The inventory of tricks in *Semba* is only limited by creativity!

Prerequisite: Workshop 1 (Semba Foundation)

Party 1 - Salsa & Bachata **21.00 – 00.00**

Place: Room 1 – 22 Webb Street, Wellington

A selection of Mambo, Timba, Salsa & Bachata will be played through out the night. Everyone is welcome even if you haven't already danced and want to check it out!

Party 2 – Kizomba, Tarraxinha, Semba **21.00 – 00.00**

Place: Room 2 – 22 Webb Street, Wellington

This is where things get super exciting. DJ Puto Tamas will bring a whole set of great of Kizomba, Tarraxinha, Ghetto Zouk and Semba tracks to get you fully immersed with the culture and dance like there is no tomorrow! Again, everyone is welcome 😊

PRICING

Booked Price: \$20 each class & \$10 party

Door Price: \$25 each class & \$10 party

Full pass: \$75 plus ladies styling \$20

BOOKING METHOD

Cash to Wimmy & Bari or direct credit to

Bank account: Danca Limited Partnership

Bank number: 06 0230 0237898 00

Reference: Your name & Workshop (example: Wimmy Workshop)

After you transfer the money, e-mail dancawellington@gmail.com and let us know which classes you are paying for. For more info about Kizomba in Wellington, visit www.danca.co.nz